



**Membership Pledge to Building Wellness Taranaki**

Building Wellness Taranaki Trust has been established to change the culture of the construction sector in Taranaki to one that safeguards the mental wellbeing of our people. It will strive to provide relevant and accessible information, training, and safety nets to those who require support.

**What we will do:**

- ❖ Support- connecting people to help they need
- ❖ Intervention- working with the health and community sectors to provide resources
- ❖ Awareness- forming a community of best practice through education
- ❖ Mentoring- create a network of mentors
- ❖ Advocacy- on government policy and by role modelling better wellbeing culture

**Your pledge:**

Organisation: .....

Name of Senior Representative: .....

**I will:**

- ❖ Take personal responsibility for making good mental health and wellbeing a vital part of my business
- ❖ Create a workplace where everyone views mental wellbeing as a business priority

**My organization will:**

- ❖ Contribute towards and support the initiatives of Building Wellness Taranaki Trust
- ❖ Endeavour to normalize and support the inclusion of wellbeing discussion and activities in the day-to-day workplace environment
- ❖ Facilitate and encourage staff participation in Building Wellness training and initiatives
- ❖ Endeavour to create cultural change within the workplace
- ❖ Commit to pay annual membership fees to Building Wellness, as required.

I accept that should my organization fail to comply with the above pledge, its ongoing membership to Building Wellness Taranaki Trust may be at risk.

Signed: .....

Date: .....